

## FACULTY

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**UNIVERSITY OF THE EAST RAMON MAGSAYSAY  
MEMORIAL MEDICAL CENTER  
MEDICAL ALUMNI ASSOCIATION OF AMERICA  
and the MIDWEST CHAPTER**

**CLINICAL CONFERENCE  
OBESITY AND CARDIOMETABOLIC  
SYNDROME**

Jointly sponsored with: Philippine Medical Association in Chicago

**Friday, July 22, 2011**

Chicago Marriott Downtown  
540 N. Michigan Avenue  
Chicago, Illinois 60611  
800-228-9290  
312-836-0100

## DESCRIPTION OF CONFERENCE

The clinical conference will focus on obesity and the cardio-metabolic syndrome. Obesity has become a global epidemic in children and adults in the United States. Recent NHANES data estimated 66% of adults are either overweight or obese, and 17% of US children and adolescents are overweight. The conference will focus on the impact of obesity on various cardiovascular risk factors: Diabetes Mellitus, Hypertension and Dyslipidemia; and its association with co-morbidities such as coronary artery disease, cerebrovascular disease, renal disease and breathing disorders.

## TARGET AUDIENCE

The clinical conference has a broad appeal because it addresses issues that are of interest to the pediatricians, family practitioners, internists, psychiatrists and surgeons.

## EDUCATION OBJECTIVES

1. To increase the awareness of the increasing prevalence of obesity in the pediatric and adult population, attaining epidemic proportions.
2. To emphasize the associate of obesity and the cardio-metabolic syndrome with co-morbidities including coronary artery disease, cerebrovascular disease, renal disease and sleep disorders.
3. To emphasize the need to aggressively treat obesity and the components of the cardio-metabolic syndrome to improve clinical outcomes.
4. To discuss the therapeutic approaches in the management of obesity and the cardio-metabolic syndrome to include pharmacotherapy, life style changes, behavioral modification, and in extreme cases, bariatric surgery.

## ACCREDITATION

This clinical conference is jointly sponsored with the Philippine Medical Association in Chicago which is accredited by the Accreditation Council for Continuing Medical Education (ACCME). This program meets the criteria for 7 ½ hours in Category I of the Physicians Recognition Award of the American Medical Association.

Marriott Chicago Ballroom – 5<sup>th</sup> Floor - Salon D

**Friday, July 22, 2011**

**Moderator:** Benjamin G. Lumicao, M.D., FACC, FACP (Class 1961)  
Chairman, CME Committee

7:00 – 8:00am	Registration, Continental Breakfast and viewing of exhibits
8:00 – 8:05am	Welcome Address Zosimo Herrera, M.D., President, UERM – Midwest Chapter and Convention Chairman
8:05 – 8:50am	Obesity in the Pediatric Population Susan Pena – Almazan, M.D.
8:50 – 9:50am	Obesity in Diabetes Mellitus Jacqueline F.Gamiao, M.D
9:50 – 10:30am	Neurohumoral Mechanisms in Obesity Associated with Hypertension Emmanuel L. Bravo, M.D.
10:30 – 11:10am	Obesity and Lipid Problems Ernesto Chua, M.D.
11:10 – 11:50am	Obstructive Sleep Apnea and Respiratory Problems in Obesity Michael Gamiao, M.D.
11:50 – 01:10am	Dr. Jose Cuyegkeng Memorial Lecture Keynote Speaker: Rogelio Lucas, M.D. (Class 1961) Benjamin Rigor, M.D. , Presiding
01:10 – 01:50pm	Pharmacotherapy and Behavioral Modifications in Obesity Ishmael Lee Chuy, M.D.
01:50 – 02:30pm	The Impact of Obesity and the Metabolic Syndrome on Cardiovascular Risks Nelson Bernardo, M.D.
02:30 – 03:00pm	Coffee Break and Viewing of Exhibits
03:00 – 03:40pm	Bariatric Surgery Michael Ujiki, M.D.
03:40 – 04:40pm	UERM Young Alumni Development Program (YADP) Sponsored by the MarVADC Chapter
04:40 – 05:00pm	Questions & Answers